

## Dijagnostički izazov u pacijenta prezentiranog sa Trombotičnom Mikroangiopatijom/ TMA

XII nefrološka škola, Udruženja za nefrologiju, dijalizu i transplantaciju  
Tešanj 05-07.10.2018  
Ajanovic Selma

# TMA Diseases

## Primary

### Infection-induced (HUS)

- *E coli* Shiga-toxin
- *S pneumoniae*

### aHUS

- Complement dysregulation
  - Inherited
  - Acquired
- Metabolic mutations
- Unknown etiology?

### Severe ADAMTS13 deficiency (TTP)

- Acquired
- Inherited

## Secondary

### Malignant hypertension

### Drug-induced

- Chemotherapy
- Cocaine
- CNIs

### Pregnancy

- HELLP syndrome
- Preeclampsia?

### Miscellaneous

- DIC
- Malignancy
- BMT
- HIV

### Connective tissue disorders

- SLE
- CREST

# Hemolitičko uremijski sindrom HUS

- urgentno stanje
- najčešći kod djece
- Triada: mikroangiopatska hemolitična anemija, trombocitopenija, akutna bubrežna insuficijencija
- u 33% prisutna neurološka simptomatologija

# Hemolytic Uremic Syndrome (HUS)

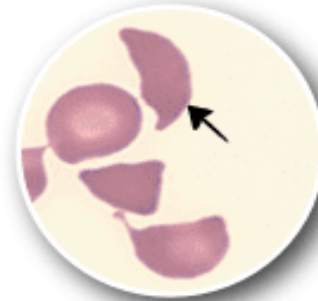
↳ Most common cause of acute renal failure in children

*E. coli* H7:0157

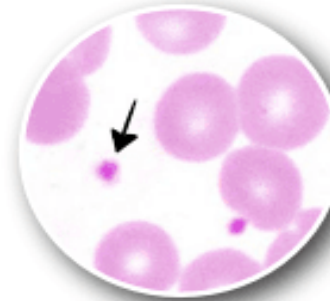


Shiga-like toxin  
(Verotoxin)

Abdominal Pain  
Bloody Diarrhea  
Fever  
Seizures  
Lethargy



Microangiopathic  
hemolytic anemia  
(schistocytes)



Thrombocytopenia



Renal Insufficiency

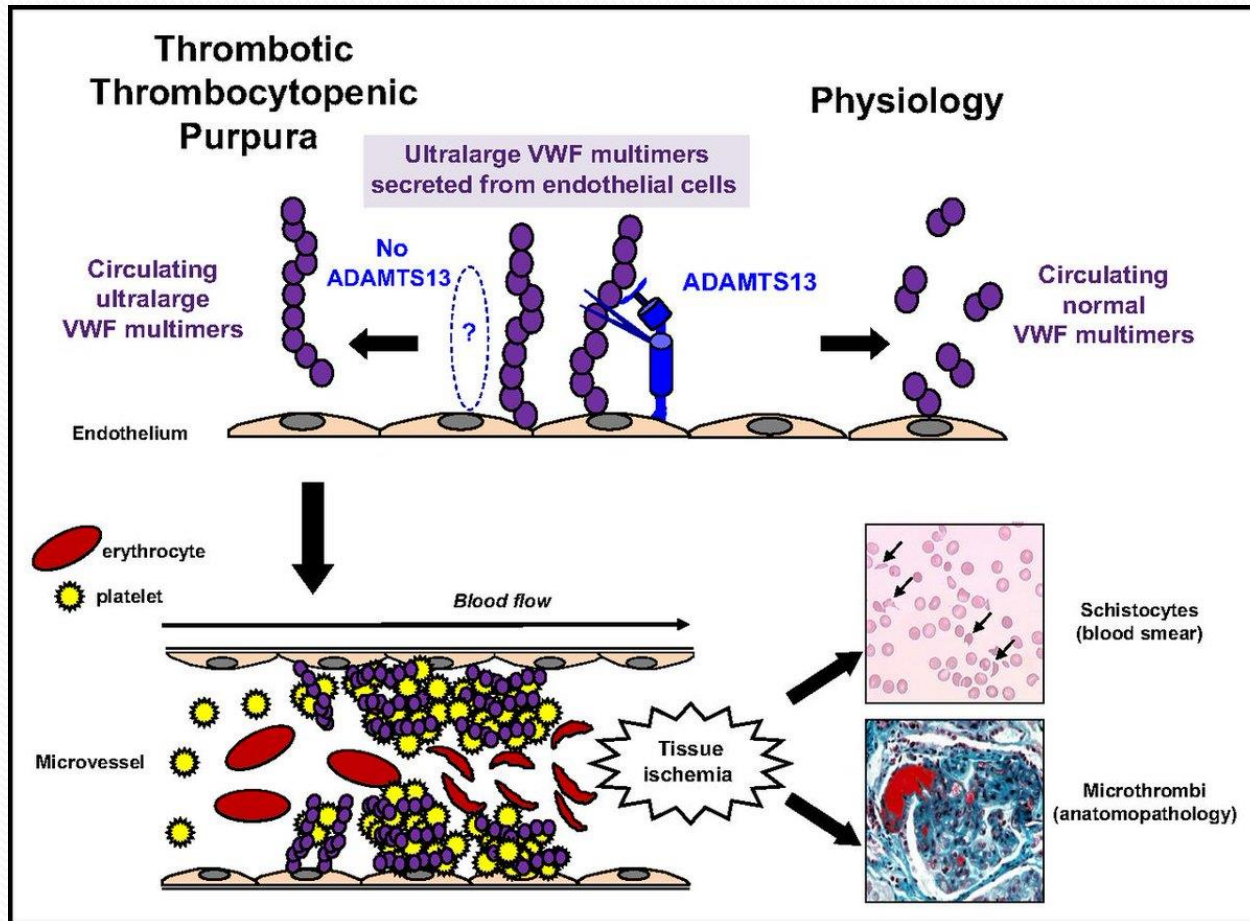
## Treatment

- Mainly supportive
- Dialysis
- No Antibiotics
- Plasmapheresis/IVIG

# Trombotična trombocitopenična purpura TTP

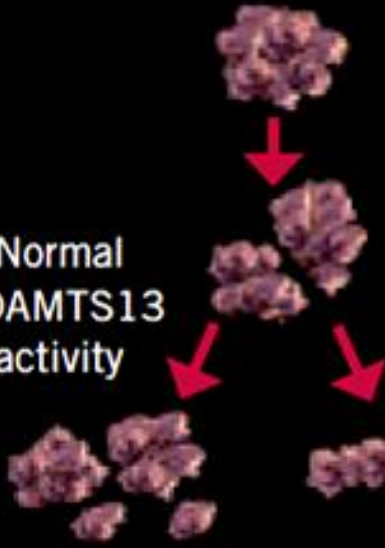
- Mikroangiopatska hemolitička anemija, trombocitopenija, sa ili bez renalne insuficijencije, sa ili bez neuroloških simptoma
- bez druge moguće etiologije (sepsa, DIC, ...)
- ADAMTS 13 < 5 ( 10%)
- Djeca bez zatajenja bubrega
- Dijagnoza TTP / plazmafereza/

# TTP





Normal  
ADAMTS13  
activity

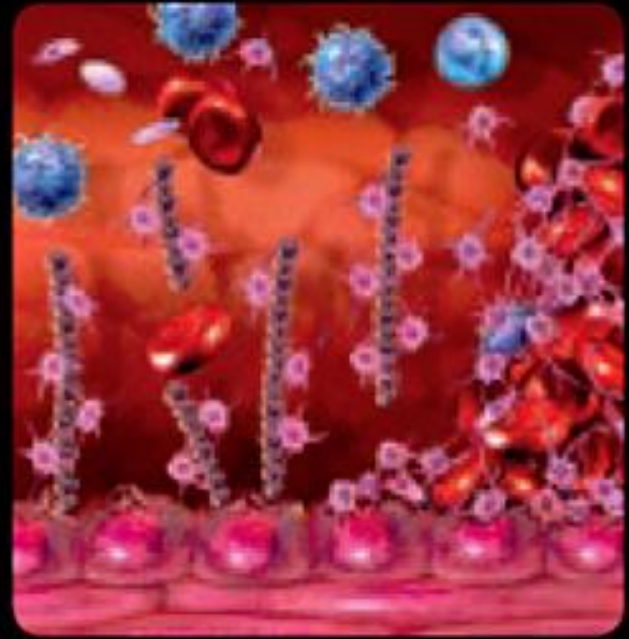


vWF  
cleaved

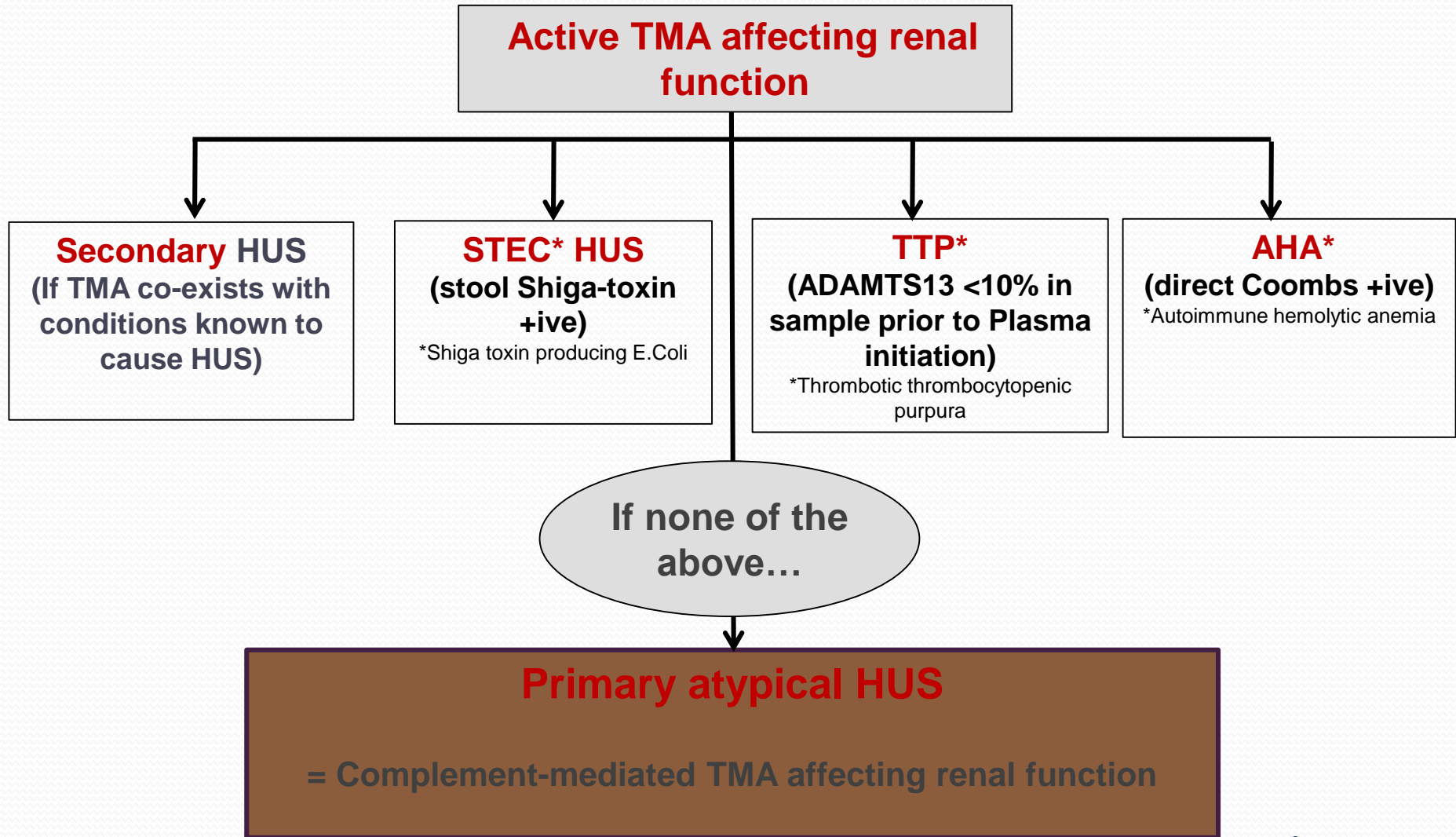
ADAMTS13  
deficiency



vWF  
uncleaved



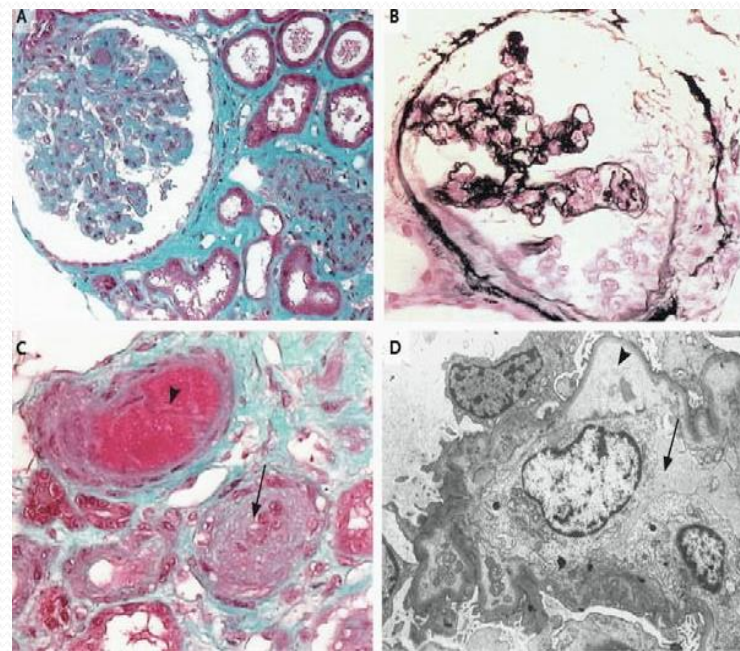
# Primary atypical hemolytic uremic syndrome (aHUS) - Usually a Diagnosis of Exclusion





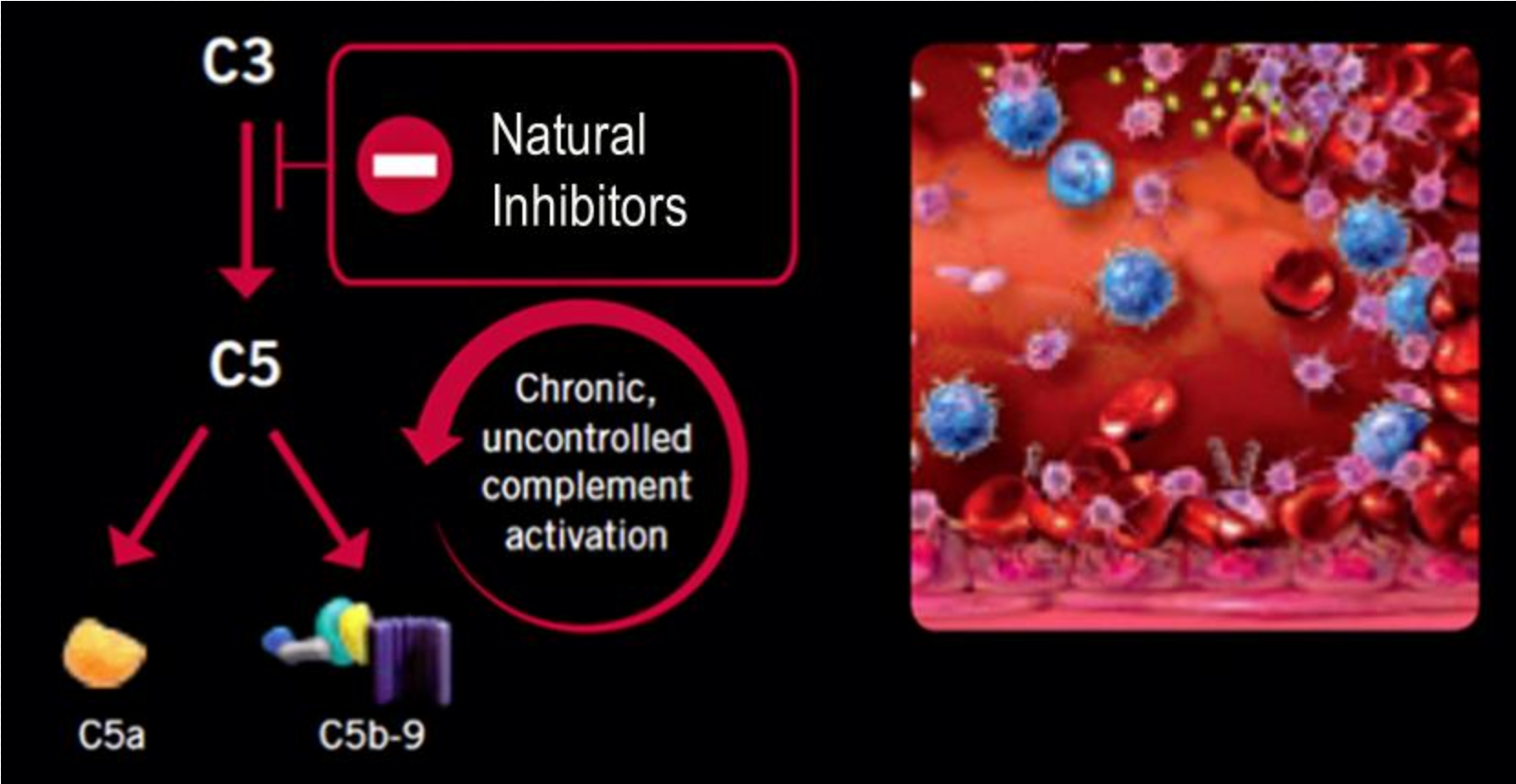
# Atipični hemolitičko uremični sindrom aHUS

- 5-10% slučajeva HUS-a
- Sporadično ( neenteritične infekcije, lijekovi, transplantacija, trudnoća, sistemske bolesti)
- Familijarno : nasljedna abnormalnost regulatornih proteina sustava komplementa faktora H,I,B
- 60-70% mutacije gena koje kodiraju regulatorne proteine komplementa ( npr CFH, CFI, MCP) i komponente alternativnog puta C3 konvertaze ( npr C3 i CFB) ili anti-komplement H autoantitjela



Sanchez-Corral, Melgosa: Advances in understanding the aetiology of atypical Haemolytic Uraemic Syndrome. British journal of hematology 2010







**Table 2. Genetic Abnormalities and Clinical Outcome in Patients with Atypical Hemolytic–Uremic Syndrome.\***

Gene	Protein Affected	Main Effect	Frequency %	Response to Short-Term Plasma Therapy†	Long-Term Outcome‡	Outcome of Kidney Transplantation
<i>CFH</i>	Factor H	No binding to endothelium	20–30	Rate of remission: 60% (dose and timing dependent)	Rate of death or ESRD: 70–80%	Rate of recurrence: 80–90%§
<i>CFHR1/3</i>	Factor HR1, R3	Anti-factor H antibodies	6	Rate of remission: 70–80% (plasma exchange combined with immunosuppression)	Rate of ESRD: 30–40%	Rate of recurrence: 20%¶
<i>MCP</i>	Membrane cofactor protein	No surface expression	10–15	No definitive indication for therapy	Rate of death or ESRD: <20%	Rate of recurrence: 15–20%¶
<i>CFI</i>	Factor I	Low level or low cofactor activity	4–10	Rate of remission: 30–40%	Rate of death or ESRD: 60–70%	Rate of recurrence: 70–80%§
<i>CFB</i>	Factor B	C3 convertase stabilization	1–2	Rate of remission: 30%	Rate of death or ESRD: 70%	Recurrence in one case
<i>C3</i>	Complement C3	Resistance to C3b inactivation	5–10	Rate of remission: 40–50%	Rate of death or ESRD: 60%	Rate of recurrence: 40–50%
<i>THBD</i>	Thrombomodulin	Reduced C3b inactivation	5	Rate of remission: 60%	Rate of death or ESRD: 60%	Recurrence in one case

\* ESRD denotes end-stage renal disease.

† Remission was defined as either complete remission or partial remission (i.e., hematologic remission with renal sequelae).

‡ The long-term outcome was defined as the outcome 5 to 10 years after onset.

§ Patients in this category were eligible for combined liver and kidney transplantation.

¶ Patients in this category were eligible for single kidney transplantation.

**LABORATORY FINDINGS**

**Microangiopathic hemolytic anemia**

- ↓ Hemoglobin
- ↓ Haptoglobin
- ↑ LDH
- Schistocytes



**Thrombocytopenia**

- <150,000 per  $\mu$ L
- or
- >25% ↓ baseline

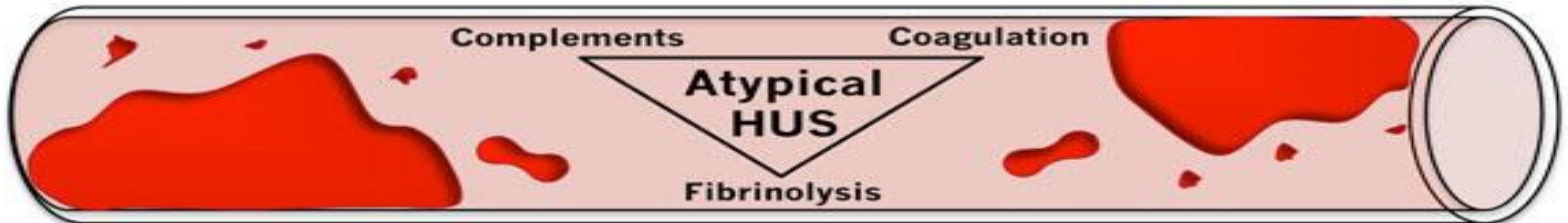


**Complement C3**

↓ or →

**Others**

ADAMTS13 activity: >5–10%  
STEC culture/PCR: negative



**Kidney**

- ↓ GFR
- Proteinuria
- Hematuria
- Hypertension



**CNS**

- Altered mental status
- Focal neurological deficits
- Seizure



**GI tract**

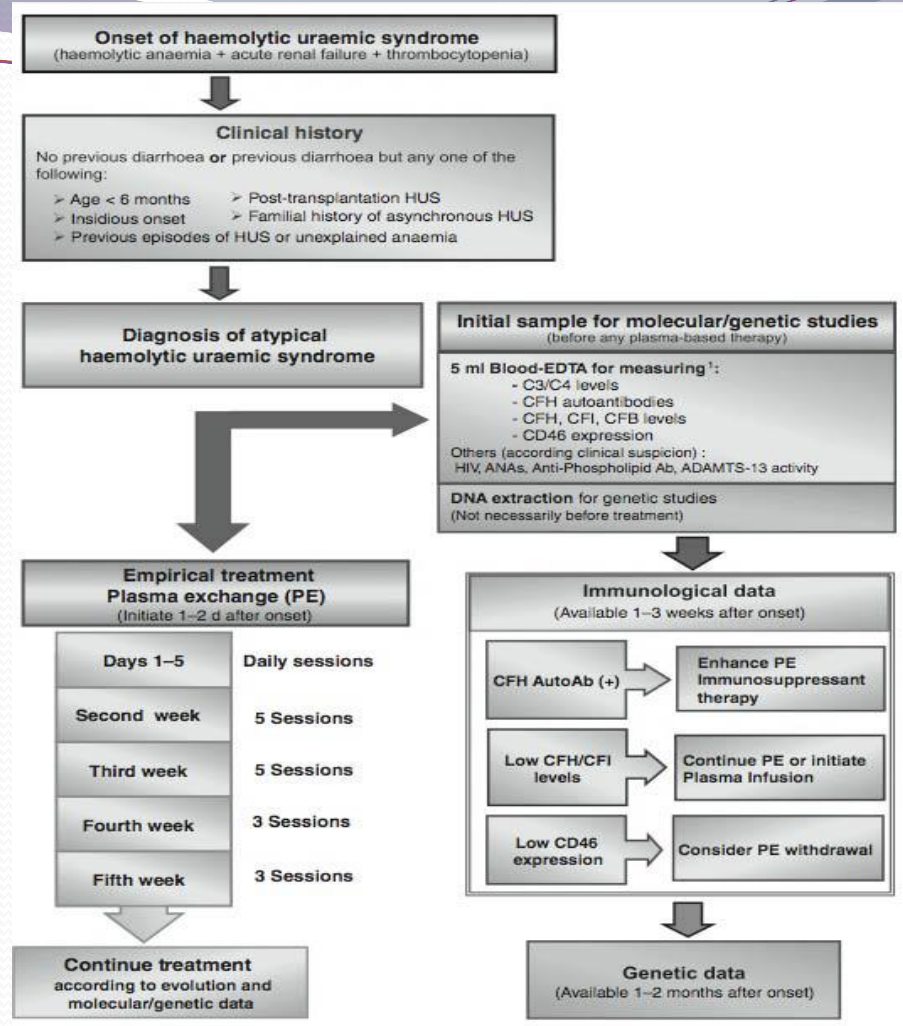
- Diarrhea
- Nausea/vomiting
- Abdominal pain



**CLINICAL MANIFESTATIONS**

# Tretman

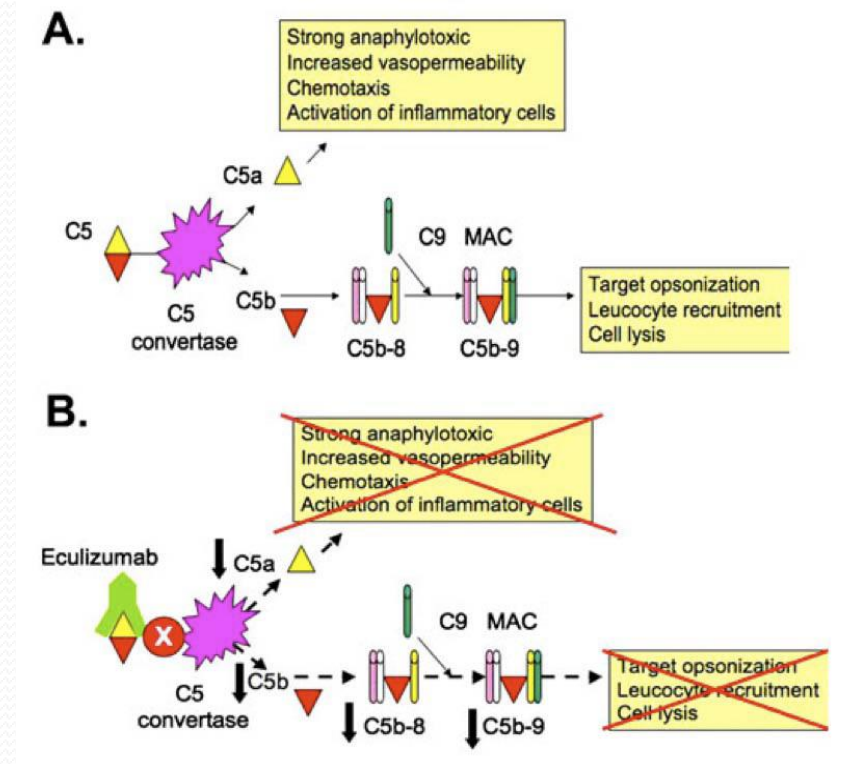
- Smjernice Europska radna grupa za HUS
- Početak plazmaferenze u prvih 24 sata (sa svežim smrznutom plazmom) 1-2 zapremine dnevno, paralelna suportivna terapija (transfuzije, dijaliza, antihipertenzivi)
- Uprkos plazmaferenzi, moguća je terminalna bubrežna insuficijencija (smrtnost od 50% do 25%)
- Remisija: Tr iznad 150 ,2 nedelje, nema hemolize,
- Dokazana antitela protiv faktora H: kortikosteroidi, azatioprin, mikofenolat, rituksimab, ciklofosamid
- Refrakterni oblici: vinkristin, ciklosporin A
- H faktor razvoja koncentrata (zamena plazmaferenze)
- Eculizumab



Taylor CM et al: Clinical Practice Guidelines for the management of atypical Hemolytic Uraemic Syndrome in UK, British journal of hematology 2009



- Eculizumab (odobrenje FDA u septembru 2011. za odrasle i djecu): Monoklonsko antitelo - inhibira komplement C5 protein
- Efikasan je za lečenje refrakternog aHUS
- Doziranje: 900 mg prve 4 nedelje, 1200 mg, 5 nedelja, 1200 mg u trajanju od 2 nedelje, procenjeno na 6 meseci
- Kombinovani tretman sa plazmaferezom : 300-600 mg do 60 min nakon plasmapereze
- Neisseria meningitidis

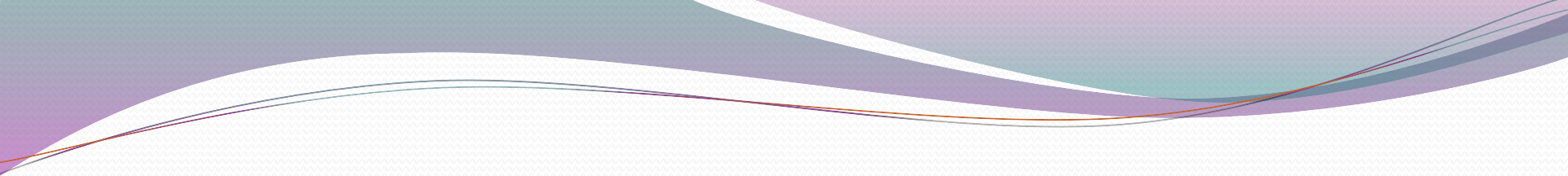




# Prikaz slučaja

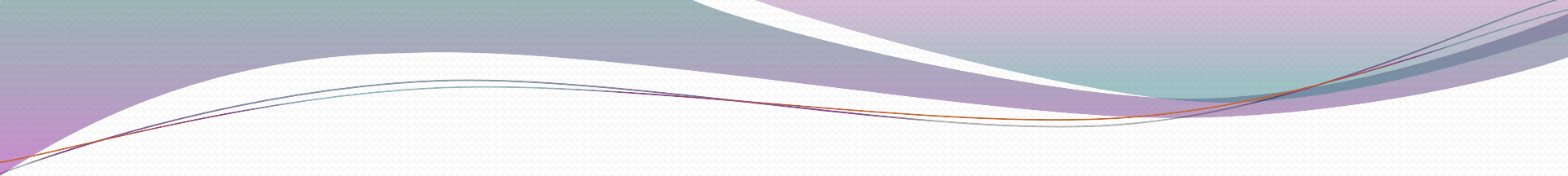
- Pacijent muškarac, starosti 28 godina
- Primljen kao premještaj iz Kantonalne bolnice pod dg TTP/HUS
- započet hitni HD tretman
- Gastroskopiya / sklerozacija na više mjesta zbog GIT krvarenja/
- Lična anamneza: prije 5 godina ambulantno liječen zbog trombocitopenija, navodi alergiju na penicilin

- Lab. nalazi na prijemu:
- Lkc 9,9, Er 3,5, Hbg 102, Hct 28%, Tr 21, Bilirubin direktini 100, LDH 3619 U/L, urea 35 mmol/L, kreatinin 1089 umol/L
- Coombs direktni i indirektni negativan
- Imunološki testovi / reuma faktori, anti CCP, ANA, dsDNA, AMA negativni, ELISA test na EBV, CMV, Hantavirus IgM, Leptospira IgM negativni, Hiv negativan, hepatitis markeri negativni, tumor markeri uredni, hormonalni status stitne žlijezde uredan/
- Periferni razmaz : rijetki shizociti
- Koprokultura : uredna

- 
- Nastavljen hemodijalizni tretman / privremeni kateter plasiran u desnu jugularnu venu/
  - Plazmafereza / u suspsituciji SSP /
  - Od strane hematologa uključena kortikosteroidna terapija

- Normalizacija vrijednosti Tr /163/ i LDH / 220 U/L/ nakon 3 obavljene TPE
- Nastavak hemodijaliznog tretmana svakodnevnim IHD u narednih 10 dana
- Oporavak bubrežne funkcije / adekvatna diureza 1500 ml/min, urea 10,9, kreatinin 157 umol/L /
- Proteinurija 1 gr/ dan
- FeNa 2,06 %



- 
- Izvadjen CVK 14-ti dan hospitalizacije / vrh bakteriološki uredan/
  - Pacijent planiran za otpust

# Nekoliko dana poslije ...

- Ponovni poziv sa Klinike za hematologiju

- Pad Tr sa 246 na  $78 \times 10^9$  , porast LDH na 480 U/L, Er 3,11, Hbg 94,4, Hct 27,7%, bilirubin 26,9 mmol/L, urea 14 mmol/L, kreatinin 170 umol/L
- Ponovo plasiran CVK u desnu jug. venu
- Započeto liječenje plazmaferezama / u suspsituciji SSP/
- Rituximab 375 mg/m<sup>2</sup> iv / naredne 4 sedmice/

# Studija ALN-CC5-004

- Faza 2 / ispitivanje lijeka cemdisiran ( mRNA) - kontrola pretjerane aktivacije sistema komplementa za liječenje aHUS-a /

# A HUS asocirane genetske mutacije

Metoda: Panel obuhvata sekvenciranje i analizu 12 gena :

CFH, MCP (CD 46), CFI, C3, CFB, CFHR1, CFHR3, CFHR4, CFHR5,  
Trombomodulin (THBD) , Plasminogen ( PLG) i DGKE)

- 
- Result : positive
  - Interpretation = Disease-associated mutation identified



- Mutacija na MCP genu . Nadje se heterozigotna varijantu 4 MCP / CD46 /

Haplotip povezan sa povećanim rizikom za aHUS/ , koja je opisana kod pacijenata sa komplement uzrokovanom trombotičkom mikroangiopatijom

*Rossio (2015) Haematologica 100, 3*

- heterozigotna varijanta 18 PLG. .

Nalaz ove varijante PLG povezan je sa razvojem aHUS-om

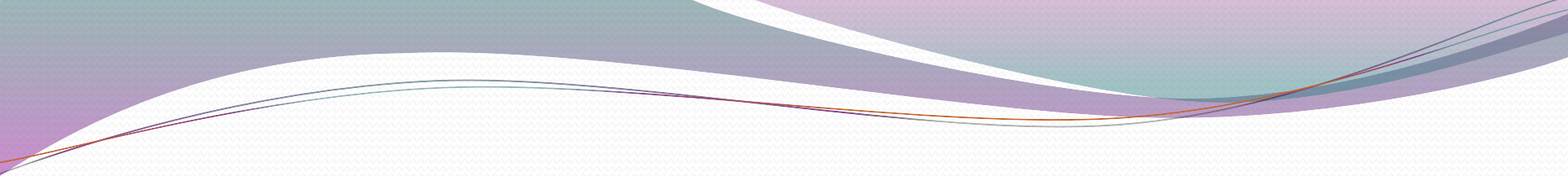
*Bu (2014) J Am Soc Nephrol 25,1*




- Mutacije na CFH / iako se nalazi i u zdravoj populaciji kod 23%, statistički češće u aHUS pacijenata)

*Westra (2010) Nephrol Dial Transplant 25*

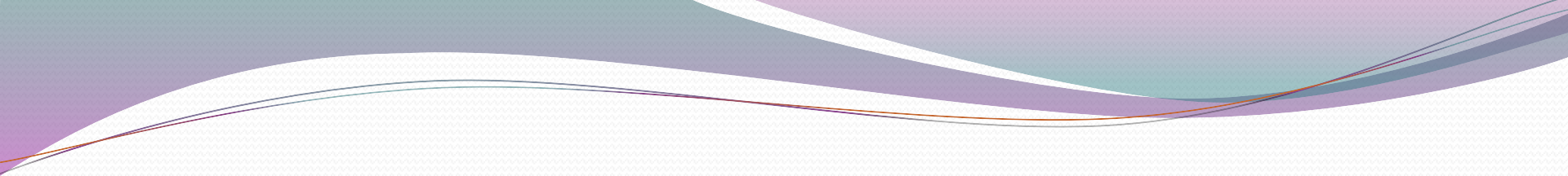


Postavljena dijagnoza aHUS

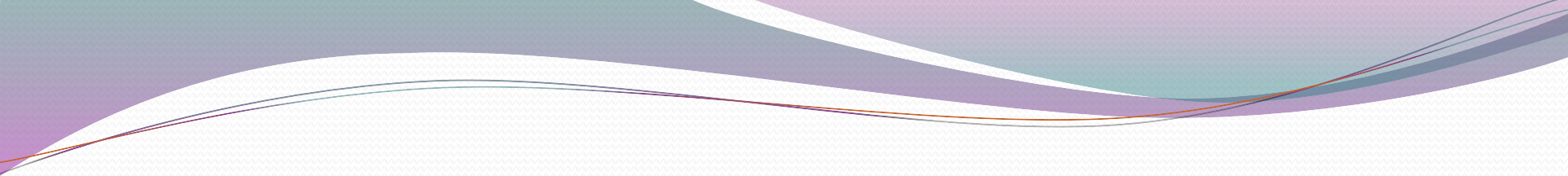
- 
- Pacijent je u narednih mjesec dana po otpustu stabilan, redovno se rade kontrole lab. nalaza
  - 43 . dan po otpustu uz subjektivne tegobe blagog rinitisa, u laboratorijskim nalazima se verifikuje pad trombocita , uz porast LDH te se pacijent ponovo hospitalizira u KCU Sarajevo na Kliniku za hematologiju

- Urea 8,2 mmol/l
- Kreatinin 87  $\mu\text{mol/l}$
- Ukupni bilirubin 37,4 mmol/l
- LDH 1112 U/L 
- CRP 5,2 ng/dl
- Lkc 11,6
- Er  $3,71 \times 10^{12}$
- Hgb 116 g/L
- Hct 33,6 %
- Tr  $6,52 \times 10^9$ /L 
- Haptoglobin  $>0,10$  g/L 

- 
- Ponovno se započinje liječenje sa TPE / u supstituciji SSP/
  - Prethodno ponovno plasiran CVK u desnu jug.venu

- 
- Aktivnost ADAMTS 13
  - Stolica na Shiga-like Toxin
  - Komponente komplementa (C5, C5-9, anti-Factor H)
  - Standardna laboratorija

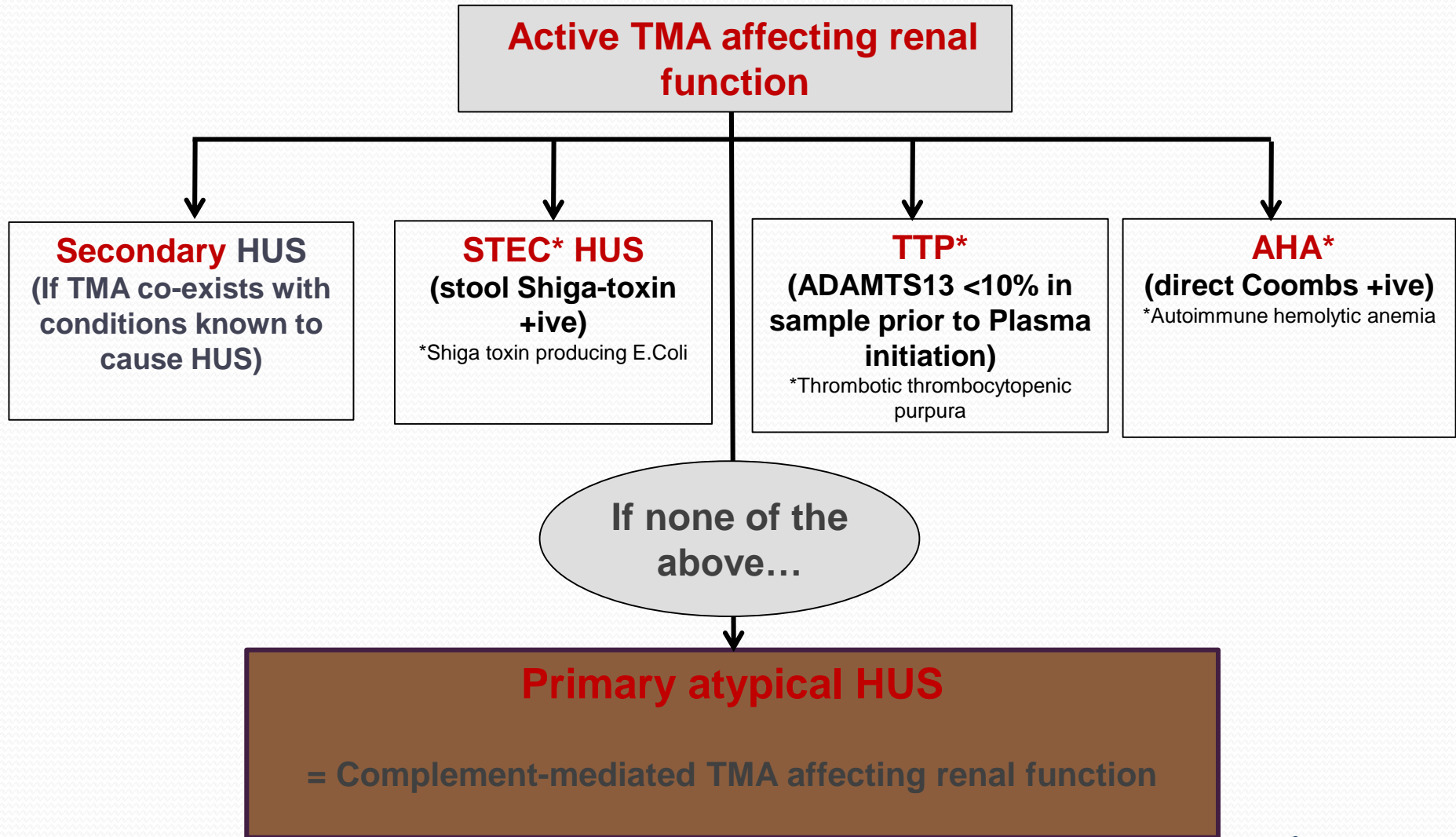


- 
- Brz oporavak u laboratorijski nalazima nakon tri terapijske plazmafereze
  - Normalizacija broja trombocita, vrijednost LDH, bilirubina u referentnim granicama



Neočekivani rezultati !!!!

# Primary atypical hemolytic uremic syndrome (aHUS) - Usually a Diagnosis of Exclusion



- 
- ADAMTS13 Activiti < 5%

# Dijagnoza a HUS ?





Dif.dg ?????

# Kongenitalna TTP

## Karakteristike

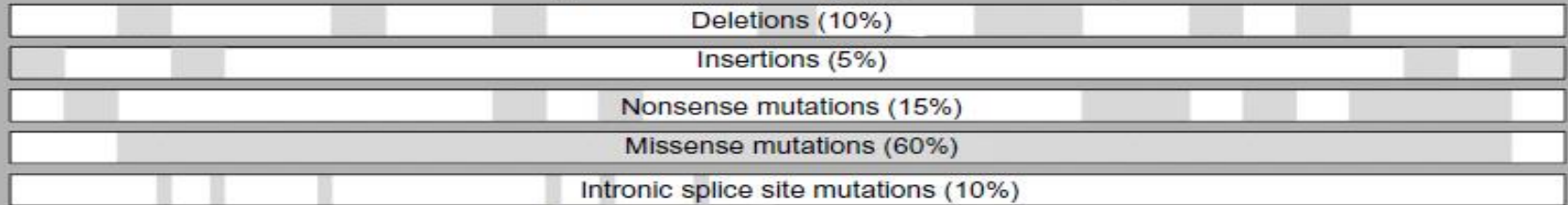
- Definicija rijetka bolest koja se obično prezentuje u ranom djetinjstvu i karakteriše se sniženim nivoom ADAMTS13, bez prisustva inhibitora za enzim i prisustvom mutacija gena za ADAMTS13 (ACAMT13)
- Autosomno-recesivno nasljeđivanje
- 76 opisanih mutacija za ADAMTS13

*Allford et al, 2000*

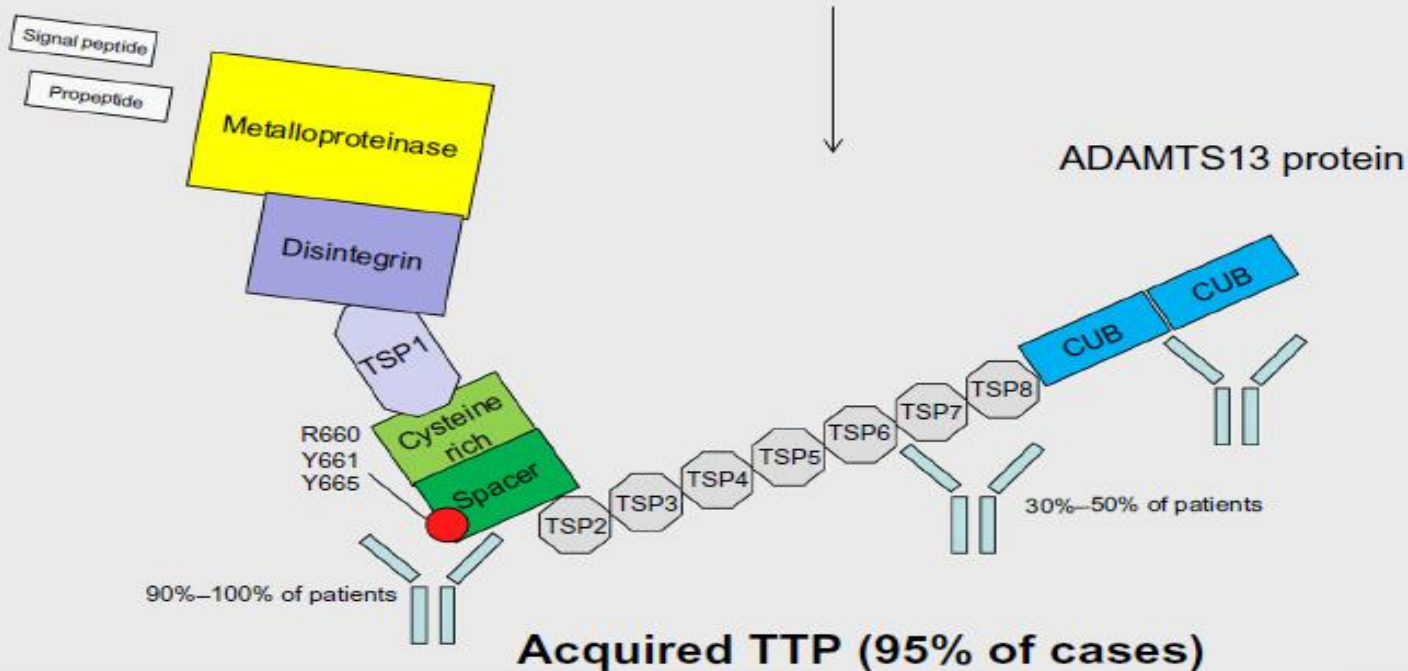




## Congenital TTP (5% of cases)



## ADAMTS13 gene (exon number)

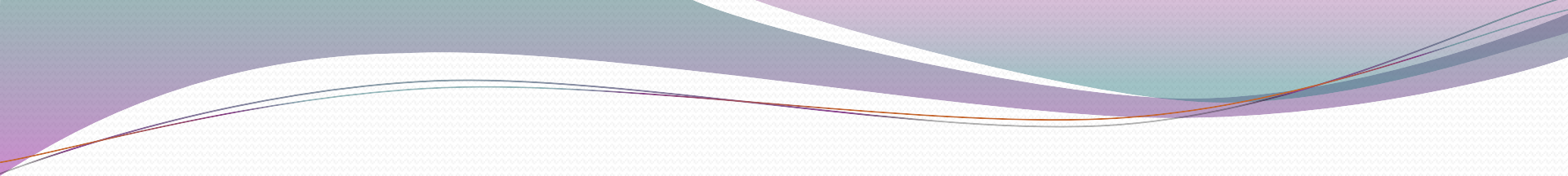


# U medjuvremenu ...

- Pacijent stabilan ( Tr  $238 \times 10^9$ , LDH 220 U/L)
- Odlučimo se izvaditi CVK
- Komplikacija TPE / CT torakalnih organa/
- Naredni dan ponovni pad vrijednosti / Tr  $86 \times 10^9$ , LDH 432 U/L/

*Will A.Lester et al (2002) Successful treatment of congenital thrombotic thrombocytopenic purpura using the intermediate purity factor VII concentrate BPL 8Y. British Journal of Haematology , 119. 176-179*

*Marie Scully et al (2006) The use of intermediate purity factor VII concentrate BPL 8Y as prophylaxis and treatment in congenital thrombotic thrombocytopenic purpura . British Journal of Haematology, 135.101-104*

- 
- Niskomolekularni heparin u terapijskoj dozi
  - Postepeno isključena kortikosteroidna terapija
  - Svakodnevno kontrola laboratorijskih nalaza
  - SSP 10-15 ml/kg do normalizacije nalaza



Results of the Genetic Testing

Patient: 011-0001

Date of blood sample collection: 13-March-2018

Date of blood sample receipt: 04-April-2018

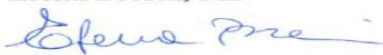
Date of report: 18-June-2018

Test	Method	Results	Comments
CFH gene screening	NGS	No mutations. Heterozygous CFH-H3 haplotype.	Disease risk haplotype associated with aHUS.
MCP gene screening	NGS	<b>Heterozygous variant c.475+1G&gt;A.</b> Heterozygous MCP GGAAC haplotype.	<b>Rare variant altering the splicing.</b> Disease risk haplotype associated with aHUS.
C3 gene screening	NGS	No mutations	
CFI gene screening	NGS	No mutations	
CFB gene screening	NGS	No mutations	
THBD gene screening	NGS	No mutations	
ADAMTS13 gene screening	NGS	<b>Homozygous variant c.4143dupA (p.E1382SfsX6)</b>	<b>Rare pathogenetic variant associated with congenital TTP.</b>
DGKE gene screening	NGS	No mutations	
MMACHC gene screening	NGS	No mutations	
C5 gene screening: c.2654G>A c.2653C>T	NGS	Homozygous GG Homozygous CC	Homozygous wild type for both polymorphisms.
CFH-CFHRI hybrid gene screening	MLPA	Absent	
Deletion of CFHRI-CFHR3	MLPA	Absent	

**Conclusions:** This Subject has been found homozygous for a rare pathogenetic variant in *ADAMTS13*, c.4143dupA, causing a frameshift and a premature protein interruption, p.E1382SfsX6, previously associated with congenital TTP and severe ADAMTS13 deficiency (Lotta Blood 2012).

This Subject has been also found heterozygous for a rare pathogenetic variant in *MCP*, c.475+1G>A, predicted to alter the splicing in exon 4 creating an alternative splice-site that results in the deletion of 21 nucleotides and a mutant protein that lacks 6 amino acids previously reported in a patient with TMA (Rossio *Haematologica* 2015).

Elena Bresin, MD



Marina Noris, PhD



Test	metod	rezultat	Ref. vrijednosti
Anti -FH antibodies ( screening)	ELISA	negativ	negativ
Anti -FH antibodies (title)	ELISA	17,5	< 56 AU/ml

Zaključak: nisu pronađena antitjela za anti-Factor H antitjela

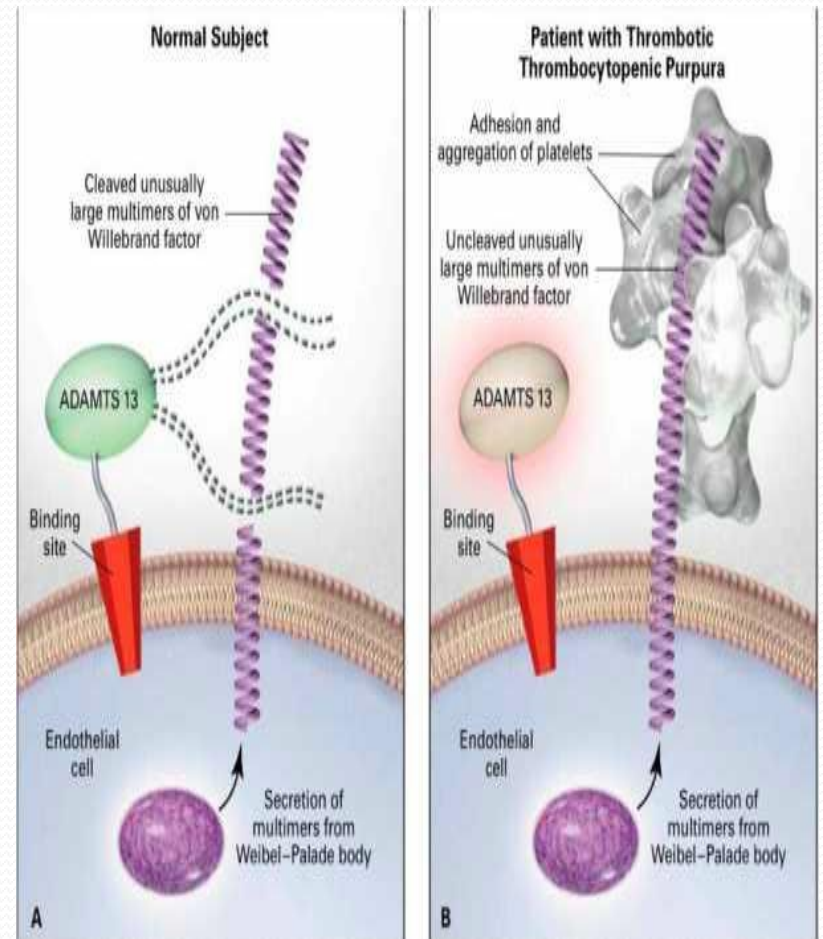
ASSAY	Results	Normal value
ADAMTS13 activity	< 6%	50-150%
ADAMTS13 inhibitors	absent	Absent

Zaključak: rezultat pokazuje odsustvo ADAMTS13 aktivnosti i odsustvo autoantitjela anti-ADAMTS13, što ide u prilog kongenitalnog TTP-A



# Postavljena dijagnoza

## Kongenitalni TTP





# Sta dalje ?

- Pacijent se redovno prati preko hematološkog savjetovišta
- Svake dvije nedjelje pacijentu se ordinira SSP / 10-15 ml/kg TT/
- Unazad 6 mjeseci pacijent je stabilan bez kliničkog pogoršanja, te urednih laboratorijskih nalaza

$$2+2 = 5$$



# HVALA NA PAŽNJI


IG: @hansonсанatomy

## THROMBOCYTOPENIA

### THROMBOTIC THROMBOCYTOPENIA PURPURA

# TTP


CONGENITAL OR ACQUIRED  
**ADAMTS13**  
DEFICIENCY = GIANT vWF  
CAUSING PLATELET AGGREGATION  
& FORMATION OF **HYALINE THROMBI**  
IN CAPILLARIES & ARTERIOLES



### DISSEMINATED INTRAVASCULAR COAGULATION

# DIC

ACQUIRED  
**COAGULATION DISORDER**  
CAUSING **FIBRIN THROMBI**  
TO DEPOSIT IN SMALL  
VESSELS, WHILE  
PLATELETS & CLOTTING  
FACTORS ARE RAPIDLY  
CONSUMED



## 1°

**PETECHIAE**  
(COALESCE TO  
FORM PURPURA)

DUE TO  
PRIMARY  
ENZYME  
DEFICIENCY

- BLOOD SMEAR **SCHISTOCYTES**
- COAGS (PT/PTT) **NML**
- LDH **↑ (BLOOD)**
- HEMOGLOBIN **↓↓**
- PLATELETS **↓↓**
- FIBRINOGEN **NML**
- D-DIMER **NML**

**HEMOLYTIC ANEMIA**

**THROMBOCYTOPENIA**

**NEURO SXs**

**RENAL DYSFXN**

**END ORGAN DAMAGE**

BOTH PATIENTS CAN LOOK  
VERY, VERY, VERY  
SICK

## 2°

**PURPURA**

DUE TO  
OTHER  
DISEASE  
PROCESS

**SCHISTOCYTES**

BLOOD SMEAR -

- ↑ COAGS (PT/PTT) -**
- ↑ LDH -**
- ↑ (TISSUE)**
- ↑ HEMOGLOBIN -**
- ↓ PLATELETS -**
- ↓ FIBRINOGEN -**
- ↑ D-DIMER -**

### Tx: PLASMA EXCHANGE

EXCHANGE BLOOD VOLUME **x 1.5**  
FOR ABOUT **5 DAYS**

- **FRESH FROZEN PLASMA** → 2 UNIT BOLUS + 1 UNIT q6hr
- **STERIODS**  
(60mg PREDNISONE OR 125mg SOLUMEDROL)

### TREAT PRIMARY: Tx

& CORRECT COAGULATION ABNORMALITIES

- **PLATELETS** > 50,000
- **FIBRINOGEN** > 150 (>200 IF OB)
- **HCT** > 21%
- **INR** < 2-3
- **apTT** < 1.5 x NML

**GIVE CRYO**  
(10 UNITS)

NEVER GIVE PLATELETS!!!